

## Eynsham Hall

### Team Building at Eynsham Hall

- Have fun!
- Get to know each other better
- Build more trust
- Master conflict
- Achieve commitment to the team
- Embrace accountability
- Focus on team results

We can design and deliver an enjoyable, memorable and effective team building event for your team.

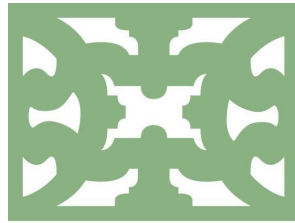
### Benefits of working with Eynsham Hall

- Our expert facilitators will work with you to identify your objectives for the event and design an appropriate experience
- Our facilitators have experience of working with teams at all levels (senior to graduate) from all sectors facing all kinds of challenges and issues
- You can get your people out of the office so they can step back, relax and think more clearly
- We can help your people talk more openly about their strengths and weaknesses using appropriate psychometric tools
- We offer you an array of indoor and outdoor activities from the pure fun to serious experiential learning so your team members can develop their skills
- We encourage your team members to apply their learning with team and personal action plans
- We can help you implement these action plans with post-event coaching or coaching skills training
- We can supplement teambuilding with management, leadership and personal effectiveness training

### Examples of Outdoor Training Activities:

**Talking Wall** -The team is situated either side of a high impenetrable wall. The objective seems simple all they have to do is to transport the contents of a bucket (water) over the wall. Tight task constraints and time constraints mean the team must excel to succeed.

**Tarzans Swing** -The team and burden must traverse the no go zone using the Tarzans swing and various other items of equipment. No one nor any equipment may touch the ground between start and finish.



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**Who Owns The Zebra – Discourse – Thogs – Dragons – Bright Sparks.** \* These are all brainteaser style activities that can be completed inside or outside. Excellent as ice breakers and can be run as larger stand alone projects or within the scope of a story led project where teams are moving from one activity to another in order to gain points/equipment for a final challenge.

**Rollercoaster.** \* A fantastically scaleable project that has been run for as few as six people from one team and as many as 950 from multiple teams. Rather like the old board game mousetrap the team must design and build a way of transporting a ball (small or large depending on the group) around a set course. They may scavenge equipment and also use supplied equipment. Tight constraints and a cynical client make delivery tough for the team as they battle against the sheer volume of ideas and tight timescales. It is very easy to alter the complexity and overall themes, objectives of this exercise.

**Ikea.** \* The team are given a supposed new design from Ikea. The challenge is to design the fastest construction method and break the record. This has been run all round the world and has constantly tested even the best teams.

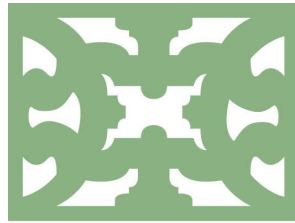
**Rokit Launch-** With purpose designed kits teams must design the most fantastic looking Rokit™. They also need to organise flight testing and design in some aeronautics to gain the most height or best directional control.

**Team Ski Slalom** - Either head to head or against the clock, teams race on the giant ski's around a fun, complex obstacle course. On route teams must pick up bonus equipment. Excellent planning, leadership and team coordination are vital.

**Holey Pipe** - One of our favourite finale challenges. The team are confronted with a 2m high drain pipe full of holes and blocked at one end. It must remain on the ground and vertical all the team has to do is to remove a ping pong ball from the pipe. Lots of water and a hands on solution are all that's required. We can elongate this activity by including an obstacle course prior to the team being confronted by the holey pipe.

**The Eynsham Code Breakers Quest.** \*A fast paced and complex treasure hunt around the grounds and buildings of Eynsham Hall. Although some of the clues are direct and seem easy to solve don't be fooled they become more cryptic and complex as the game proceeds. Teams as a variation can be armed with Polaroid cameras and also become involved in small tasks, brainteaser activities and team challenges. The versatility of this game means we can theme to suit a meeting or conference, draw out particular learning points or incorporate any other activity from this list.

\*Can be delivered indoors



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### **Need an energiser for your conference or meeting?**

Why not take a couple of hours out of your event to let people energise or just blow off some steam with a selection of the above activities?

#### **Indicative prices**

Teambuilding event design	£1,080.00/day
Teambuilding event delivery for groups of up to 12*	£1,080.00/day
Post –course coaching or coaching skills training	£1,080.00/day
2-hour energiser for groups of up to 12	£270.00

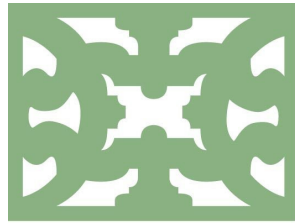
These are indicative prices. Please call to discuss your needs and for a quotation.

\*We can run events for groups of any size. Ask for prices.

Prices exclude VAT

3 weeks cancellation notice required.

**For further information, please contact the Conference Office on 01993 885200**



## Eynsham Hall

### Jonathan Chalstrey Profile

Jonathan's passion is to help leaders, managers and teams to change their behaviours so that they can achieve greater success in whichever field they are active. He specialises in management, leadership and teambuilding training, including influencing, coaching and negotiating.

Jonathan is an experienced trainer, a facilitator and a designer of training and development programmes with a strong background in business development.

#### Examples of Recent Projects:

- First line manager programmes for a high street bank, a major books publisher, leading property, retail and pharmaceutical companies
- Teambuilding for a top telecoms company, a university and a leading academic publisher
- Leadership programmes for a global music company and a county council
- Performance management programmes for global music and TV companies
- Experienced manager programmes for a county council, a leader in palliative care and a government agency
- Conflict management training for a global petrochemicals company
- Negotiation skills training for a property company
- Presentation and Assertiveness skills training for a TV company

#### Qualifications and Experience

Institute of Leadership and Management (ILM) Assessor Levels 2 and 3

SDI (Strength Deployment Inventory) Accredited

Situational Leadership

Belbin

DISC

Insight Inventory

Thomas Kilmann Conflict Handling Mode Instrument

Certificate in Marketing

BA in History and Economic and Social History